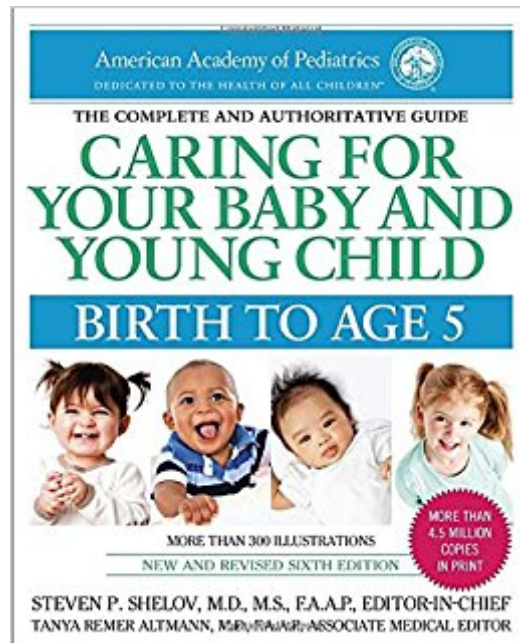




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# Caring For Your Baby And Young Child, 6th Edition: Birth To Age 5



## Synopsis

From the American Academy of Pediatrics, the most up-to-date, expert advice for mothers, fathers, and care providers

• All parents want to provide the very best care for their children. This essential resource from the most respected organization on child health is the one guide pediatricians routinely recommend and parents can safely trust, covering everything from preparing for childbirth to toilet training to nurturing your child's self-esteem.

• Whether it's resolving common childhood health problems or detailed instructions for coping with emergency medical situations, this new and revised edition of *Caring for Your Baby and Young Child* has everything you need:

- A review of necessary basic care from infancy through age five
- Milestones for physical, emotional, social, and cognitive growth, including red flags for preventing obesity
- A complete health encyclopedia covering injuries, illnesses, congenital diseases, and other disabilities
- Guidelines for prenatal and newborn care, with spotlights on maternal nutrition, exercise, and screening tests during pregnancy
- An in-depth discussion of breastfeeding, including its benefits, techniques, and challenges, as well as nutritional needs and vitamin/iron supplementation
- Updated safety standards: the very latest AAP recommendations, from CPR instruction and immunizations to childproofing tips and product and toy safety
- Tips for choosing child care programs and car safety seats
- Ways to reduce your child's exposure to environmental hazards, such as air pollution and secondhand smoke
- The latest reports on cutting-edge research into early brain development
- Updated content dedicated to sleep and allergies (including food allergies)
- New chapter on the effects of media and technology exposure on children
- Special messages for grandparents and stepfamilies
- And much more

## Book Information

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## Customer Reviews

State-of-the-art advice for mothers, fathers, and caregivers from the American Academy of Pediatrics More than one million copies in print--completely revised and updated

The organization that represents the nation's finest pediatricians and the most advanced research and practice in the field of child care answers all your medical and parenting questions. Here is sound, reassuring advice on child rearing that covers everything from preparing for childbirth to toilet training to nurturing your child's self-esteem. Here, too, is an indispensable guide to recognizing and solving common childhood health problems, plus detailed instructions for coping with emergency medical situations. Comprehensive, accurate, and up-to-date, "Caring for Your Baby and Young Child includes: Basic care from infancy through age five Guidelines and milestones for physical, emotional, social, and cognitive growth A complete health encyclopedia covering injuries, illnesses, congenital diseases, and other disabilities Safety checks for home, outdoors, and car A guide for choosing child-care programs A discussion of family issues from sibling rivalry and adoption to stepfamilies and working mothers And much more "Caring for Your Baby and Young Child is an essential child-care resource for all parents who want to provide the very best care for their children--and the one guide pediatricians routinely recommend and parents can safely trust.

Most baby books on the market are just repackaged versions of the AAP recommendations anyway, so I decided to go straight to the source. Yes most of the information is stuff you could get on the internet for free, but that is true of all baby guides nowadays. The benefit of buying the book (besides not being subjected to those annoying "mom advice forums" that clog most baby websites) is that it gives a quick and concise explanation of any issue I am encountering with my baby or toddler. I use it as a quick reference guide-baby has a fever? Lets see what the book says to do. It saves me a ton of time vs. wading through a dozen internet results to find something written by an actual doctor. This guide does not try to be your sassy best friend or wise grandmother, it is a straightforward how-to guide for common issues parent will face with a typical baby.

I gave this as a gift for a baby shower and the parents simply loved the book. It's a great book to

reference for first time parent when it's 2 AM and you are trying to figure out what is wrong with your child. I had an older version that my pediatrician gave me and it was sooo valuable. I give it a baby shower gifts now.

My husband and I are both in healthcare (a doctor and a nurse), but neither of us has much experience with pediatrics or being parents. This book is extremely helpful and does not dumb anything down, but it's understandable even if you have no medical background. It covers the basics, and has helpful tips like how to dress your baby, etc. I would absolutely recommend this to any new parent!

We found this book at the library and is the one book we decided to purchase to have on hand at any time. It has a lot of insightful information from doctors all in one resource instead of hunting down lots of information on the internet. You can also have peace of mind that the information is professional. I like how it gives developmental stages in increments such as ages 8-10months instead of month by month. Also, there is a section in the back that covers how to identify and what to do for ailments such as fever, allergies, etc.

As a pediatrician this is the only book I recommend. Bought this one for my pregnant daughter. It covers everything you need to know and is always being updated. Illnesses, development, safety, its all there.

This is the holy book you need to have at home. For any new parent, like me, it is difficult to tell the difference between myth and reality. There is simply too much information out there: the internet and your relatives will overwhelm you with a variety of unsupported tips and unreliable stories about how you ought to take care of your children. Nevertheless, this book provides authoritative guidance on the main steps of your children growth and development, and tells you exactly what scientists know and don't know. It is very useful because it answers directly the questions you will have. Also, it is written in a language that is easy to understand.

A family member gave us this book and we just purchased it for a friend. As first time parents, I found this book to be very informative, complete and easy to read. Contrary to the popular "What to Expect", it keeps the message simple without confusing the reader. Would recommend this book to any first time parent out there. Last thing a they need is an overload of information and this book

simply discusses things as they are expected to come along. This book is a purchase you won't regret!

Interesting and helpful. My doctor (at Kaiser) recommended my husband and I buy this book. So far so good. There is a lot of frontloaded information (before the baby is born), so I would recommend buying this book before you give birth. We bought it when our son was three months, so a lot of that information was irrelevant to us.

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